FAMILIES FIRST 17th ANNUAL 5K RACE & 1 MILE FUN WALK

Official Entry Form

September 28, 2019 - Wind Gap Borough Park - Rain or Shine

Time: 9:00 AM - Registration will begin 7:45 AM on race day

Please submit a separate form for each participant. Photocopy or print more as needed. Awards given for the fastest overall male and female, and top three finishers in each age category. One mile fun walk is noncompetitive.

Non-Refundable Entry: $20 per person or $40 for a family of three or more before September 28th; $25 per person on race day. Family entries must be mailed together. Students - $15 entry fee. Entry includes a quality T-shirt guaranteed to first 100 runners, a raffle ticket for prizes, and an opportunity to support a worthwhile cause.

Name _____ **[ ] male [ ] female ___Run Walk ___**

Address _____ **Age on September 28th** _____

City/State/Zip _____ **Shirt Size ----- *Choose Below***

Phone _____ **Date** _____ **Adult: [ ] S [ ] M [ ] L [ ]XL**

E-Mail _____

Age Groups: (circle one) **14 and under** **15 – 19** **20 - 29** **30 - 39**

40 - 49 **50 – 59** **60 - 69** **70 +**

I assume all risks associated with running this event, including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of our accepting my entry, Families First, race officials, volunteers, and all sponsors, their representatives, and successors, are hereby and forever released from any and all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motor picture, recording or any record of this event for any legitimate purpose.

_____ _____

Signature **Signature (parent/guardian) if under 18**

Checks payable to: Families First

Mail to: Families First Race Committee
c/o Wind Gap Middle School
1620 Teels Road
Pen Argyl, PA 18072

Families First Website: www.penargylfamiliesfirst.org

Questions/Directions: **Call Phil Giaquinto 484-291-1311 or email at phil.giaquinto@aol.com**

Thank you for supporting "Families First"